

Wild Crete Travel Seminars  
Detailed Itinerary  
4 to 12 September 2010

Arrive Athens, Greece, morning of 4 September, travel by connecting flight to Iraklion, Crete.

### Day 1, Saturday, 4 September

Mid or late morning arrival in Iraklion, Crete.  
Travel to the village of Kritsa. Stop for lunch on the way.  
Arrive in Kritsa to settle in your rooms. Early evening exploration of the village. Traditional village dinner at the inn.  
Overnight: Kritsa

### Day 2, Sunday, 5 September

Morning walk through vineyards, olive groves and small family gardens around Kritsa to the archaeological site of Lato, an Iron Age town.  
Stop along the way for a visit to the Tzanakis family small holdings.

Guided tour of Lato. Picnic lunch. Afternoon visit to the city of Aghios Nikolaos, walking tour of spice and herb markets. Free time for shopping or swimming. Fresh fish dinner at seaside restaurant.  
Overnight: Kritsa

### Day 3, Monday, 6 September

Mid morning departure to high mountains above Kritsa and the Agricultural settlement of Katharo (the word means “clean” in Greek.)  
Hike through fields and orchards and traditional farmers lunch.  
Meet with several local residents to discuss herbs and cheese-making.  
Return to Kritsa for several hours on your own or join us for a cooking lesson at the inn.  
Evening gathering at Patricia and Robinette’s house.  
Walk to dinner in village restaurant.  
Overnight: Kritsa

### Day 4, Tuesday, 7 September

Depart Kritsa for the high mountain Plateau of Lasithi. Farm tour and meeting with local cooks and growers. Tasting of locally produced wines.  
Traditional feast featuring the season’s best ingredients from Lasithi.  
Overnight: Lasithi Plateau

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### Day 5, Wednesday, 8 September

Depart Lasithi for western Crete. Arrive village of Milia in late afternoon. Walk through the orchards to enjoy views as the sun sets. Dinner at Milia.  
Overnight: Milia

### Day 6, Thursday, 9 September

Free day at Milia. Enjoy a day at leisure: resting, reading, exploring.  
Option to join seasonal farm activities.  
Overnight: Milia

### Day 7, Friday, 10 September

Guided tour of Milia's organic farm, animals and orchards.  
Hike into the mountains around Milia to learn local plants.  
Afternoon cooking seminar: traditional cuisine of Western Crete.  
Overnight: Milia

### Day 8, Saturday, 11 September

Morning departure from Milia to Hania. Arrive Hania in time to visit Saturday morning farmer's market, Central Market and other shops in the old city.  
Afternoon free for shopping and exploring Hania.  
Farewell dinner.  
Overnight: Hania

### Day 9, Sunday April 25

Morning departure to Hania airport and flights home.

**Please Note:** While we do not plan to make any changes or substitutions on our seasoned itinerary, we reserve the right to make changes as we see fit. Often when we arrive on Crete, about three weeks before the trip begins, we learn of new things we'll want to share with you or find that there are eventualities that may affect our itinerary.

To register or for more information, please visit Wild Crete Travel Seminars, [www.wildcrete.com](http://www.wildcrete.com) or contact us, [info@wildcrete.com](mailto:info@wildcrete.com).